

WINGSPREAD

All aboard



David Rodriguez

HARM technician earns AETC award

By Bob Hieronymus
Wingspread staff writer

With only two years on the job, he is already setting the pace for others in his career field to follow.

David Rodriguez, 12th Operations Support Squadron, was recently named the top Host Aviation Resource Management Technician in the Air Education and Training Command for 2005.

As a HARM technician, he is responsible for the daily maintenance of the aviation records of 1,427 aviators, the largest set of such records in AETC.

“He may be new to this job, but he quickly worked his way to winning the top award for people in his career field,” said Tito Castaneda, 12th OSS aircrew resources records section functional manager. “He gets things right the first time. He’s a great addition to the staff.”

In his daily work, Mr. Rodriguez is responsible for the flight and hazardous duty pay records of every aviator and parachutist on the base. That amounts to a \$7.2 million Aviation Incentive Pay program.

Mr. Rodriguez retired three years ago from his Air Force career as a master sergeant crew chief, most recently working on F-16 fighters at Cannon AFB, N.M. Working on administrative details in the HARM office he said was a new experience for him, but he was accustomed to being careful about details.

Because of his habit of careful work, he was assigned to handle the in and out processing of all the aircrew-qualified general officers on base, said Mr. Castaneda. Mr. Rodriguez also rewrote the office continuity book, earning special commendation from inspectors in the base’s last operational readiness inspection.

“I enjoy this work,” Mr. Rodriguez said. “I know what it’s like to keep airplanes flying, and now I can work with another side of keeping aircrews in the air.”



Second Lt. Michael Jeffers, 562nd Flying Training Squadron, pulls himself up on a life raft in the Randolph Officers’ Club pool as the rest of his classmates wait their turn to join him during a simulated T-43 wet-ditch exercise conducted by the Aerospace Physiology Flight April 27. For more photos of the training, see page 17. (Photo by Steve White)

Austin named youth of year

By Staff Sgt. Beth Del Vecchio
Wingspread Staff Writer

It was almost as if Tamara Austin was wearing her goals on her shirt for everyone to see. “New York,” spelled out in sparkly rhinestones on her black T-shirt, could very well have been her name in lights on a billboard in the Big Apple.

Her passion is the theater, but she also feels passionately about helping others, and just like her shirt, her passion for people is noticed by all.

Tamara Austin, the daughter of SMSgt Martin and Renee Austin, was recently named the Randolph Youth Center’s Youth of the Year for 2005.

The 16-year-old attends Randolph High School where she is the sophomore student council vice president and member of the Thespian Club, Interact Club and Spanish Honor Society. Although these activities may keep her busy, she still finds time to volunteer in the community.

Tamara helps with the Meals on Wheels program, preparing and delivering meals to the elderly in the San Antonio area and participates in highway clean-up projects.

“She is always one of the first to volunteer, no matter what the task” said Rodney Tramble, youth center director. “Tamara is very grounded and unselfish.”

Throughout the year, the teens at the youth center vote for a teen of the month based on an individual’s youth center involvement and service in the surrounding community. The staff tracks the winners and votes for



Tamara Austin

the teen of the year out of the monthly winners.

The final decision for youth of the year is made by a panel of staff members because it’s not only based on what the teen did each month, but how they act overall throughout the year, said Mr. Tramble.

“The winner will go on to compete at higher levels,” he said. “So, the panel tries to choose the best teen to represent the base.”

“Tamara is definitely the total package,” said Mr. Tramble. She comes from a good family and it really shows in her character.

Tamara said her parents and grandmother have been great mentors to her.

“My dad just got promoted to chief and the fact that he stuck to his goal taught me to follow my dreams,” she said. “I’ve learned to stay on a path and not to let anyone stop you.”

Tamara said her mother has taught her many valuable lessons about life as well. Having strong mentors has influenced her to be a mentor to others.

“All my life I’ve enjoyed helping other people,” Tamara said. “I like interacting with the elementary school kids. It’s a great feeling.”

Mentoring is a big part of Tamara’s life. When asked if she had any advice for other teens, Tamara was short and to the point, “Be involved,” she said.

Tamara definitely leads by example. While she may not be a star on Broadway yet, in the eyes of the youth center, she definitely shined in 2005.

12th Flying Training Wing Training Status									
Pilot Instructor Training <small>As of Monday</small>			Navigator, EWO Students				Wing Flying Hour Program		
			562nd FTS		563rd FTS		Aircraft	Required	Flown Annual
Squadron	Seniors	Overall	CSO/NFO		CSO	Graduate EWO			
99th FTS	2.0	0.1	USAF	257	OPS	International	0	T-1A	6163.5 6300.3 10,725
558th FTS	-11.0	-1.3	Navy	36	Advanced EW	EW Course	0	T-6A	9873.3 9912.4 17,196
559th FTS	-4.3	-1.6	International	3	Integration	Intro to EW	0	T-37B	3096.3 3208.4 5,796
560th FTS	4.0	-0.4	Total in Training	296			0	T-38C	5502.1 5615.0 9,937
<small>Numbers reflect days ahead or behind for senior pilot instructor training class and an average for all PIT classes currently in training.</small>			<small>Numbers reflect students currently in training. The 562nd shows source of combat systems officer students. Air Force students include Air Force Reserve and Air National Guard. The 563rd indicates students in specific courses.</small>				<small>The required and flown numbers reflect hours flown between Oct. 1, 2005 to date. The annual numbers are total hours for fiscal year 2006.</small>		
							T-43	2205.1	2192.4 3,982

AIR AND SPACE EXPEDITIONARY FORCE

As of Monday, 143 Team Randolph members are deployed in support of military operations around the globe.

Commander's Action Line

Call 652-5149 or e-mail
randolph.actionline@randolph.af.mil



While our goal is to provide the best programs, products and services to our customers, there will be instances when people believe we could have served them better. In those cases, I ask the individual to first contact the responsible organization to allow the unit commander or manager an opportunity to ensure professional and impartial treatment.

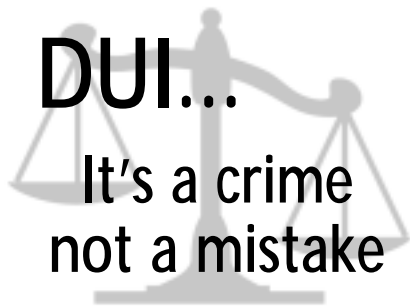
When those officials are unable to provide satisfaction, the individual may contact me through the Action Line. I will ensure each Action Line call is looked into and a reply is given by telephone or in writing. I ask callers to include their name and telephone number so we may send a personal response.

Col. Richard Clark
12th Flying Training Wing commander

Agency Contact Numbers

Base Exchange	674-8917
Civil Engineers	652-2401
Civilian Pay	652-6480
Commissary	652-5102
EEO Complaints	652-3749
Equal Opportunity	652-4376
Family Support Center	652-5321
FW&A Hotline	652-3665
Housing Maintenance	652-1856
Inspector General	652-2727
Legal Office	652-6781
Military Pay	652-1851
Randolph Clinic	652-2933
Safety Office	652-2224
Security Forces	652-5509
Services	652-5971
Sexual Assault	
Response Coordinator	652-8787
Transportation	652-4314

“PROTECT YOUR WINGMAN”



Team Randolph's
last DUI was
March 18, 2006

Education: Key to success

By Michael Wynne
Secretary of the Air Force

As the most technologically superior and powerful Air Force in the world, we are all aware that we must maintain our intellectual superiority with lifelong education for all Airmen – officer and enlisted. But this marks only the beginning.

As an expeditionary force, we find ourselves deployed to foreign countries with increased responsibilities in new mission areas. To ensure success, we need to go beyond our typical Air Force and Joint Force war fighting skills.

Therefore, I am spearheading refined initial and developmental education for all ranks. You will see basic military training increased to ensure our new Airman enter our Air Force battle ready. Officers will see changes such as cultural and language classes added to their curriculums. These are just a few of the additions that will be critical to our overall Force Development construct.

Understanding different languages and different cultures is especially important in the Global War on Terror, where we work with many coalition partners in distant lands. In that regard, I was inspired by the innovative Airmen I met during my recent trip to Pacific Air Forces. In Misawa, I had breakfast with some Airmen who had just returned from an Air Expeditionary Force deployment. Due to their established relationship with the Japanese, they were able to work side-by-side with Japan Air Self-Defense Force members a world away in Kuwait.

We must take the Air Force's basic educational foundation to the next level and be relentless in our continued pursuit to become knowledge-enabled Airmen. All total force Airmen have the opportunity to incorporate higher education into

"We must take the Air Force's basic educational foundation to the next level and be relentless in our continued pursuit to become knowledge-enabled Airmen."



Michael Wynne

their development, through Air Force sponsored degrees, the Community College of the Air Force, or with tuition assistance for civilian institutions.

Make education a priority throughout your career, and doors will continue to open. Your achievements will become a part of your record of success for all evaluations.

Developing people to lead the world's best air, space and cyberspace force takes the personal commitment of all Airmen – a commitment to focus on developing ourselves and encouraging our fellow Airmen to learn about the complexities of our profession of arms. I am committed to supporting you as you take on these new challenges.

In the words of former President John F. Kennedy, we must "...think of education as the means of developing our greatest abilities, because in each of us there is a private hope and dream which, fulfilled, can be translated into benefit for everyone and greater strength for our nation." I am extremely proud of your contributions to protecting America. Your continued education will help keep our country strong for decades to come.

Are you ready?

War on terror requires adaptive, courageous Airmen

By Chief Master Sgt. Gerald Murray
Chief Master Sgt. of the Air Force

As Airmen, we raised our right hand and solemnly swore to support and defend the Constitution of the United States against all enemies, foreign and domestic. Our enemies emerged from the shadows on 9-11 and today, in the Global War on Terror, we are taking the fight directly to them.

Our mission is clear: Win this war.

We all have a role to play and we must continually evaluate whether we are doing everything we can to support the war and combat operations. If the call comes tomorrow for you to deploy to Baghdad, Kandahar, or wherever our Air Force needs you, are you ready to go? You must be. We are the nation's warriors!

Combat operations call for a force with ingenuity and courage, a force that is trained, equipped and ready to deploy at a moment's notice. To achieve this, you must maintain your duty and combat skills, health and fitness levels, and take the necessary steps to prepare

yourself and loved ones for the road ahead. Your family counts on your plans and preparation for deployments and separation. Finances, housing, legal matters, child-care arrangements, and extended family support needs must all be settled before the deployments orders come down. These are basic responsibilities of being Expeditionary Airmen.

Thousands upon thousands of Airmen have served, fought and sacrificed before us. We owe it to our forefathers who shed their blood so we can enjoy the freedoms we cherish today. More than 2,400 of our comrades have given their lives in this fight against terrorism. We owe it to them to be ready to continue their legacy.

As the requirements for more six-month and one-year taskings and deployments continue to rise, more Airmen will be called upon to deploy, and in many cases, perform duties in different organizations and environments than they've known before. These are different times. The War on Terror is a different kind of

war and it requires Airmen to be adaptive, courageous and ready to fight.

What has not changed is the fact that we are fighting for fundamental freedoms.

The American public, mothers, fathers, husbands, wives and most importantly, our children, are the beneficiaries of our efforts. I ask you to never forget the people who are counting on us here at home and in the fledgling democracies abroad. Also never forget those who came before us. They answered our nation's call to fight for freedom.

Now we must carry that torch. We inherited an arduous responsibility, but one we must shoulder with courage and honor. In time to come, others will reflect on our service. How will they judge our courage, commitment and readiness?

You have to be ready to fight today and tomorrow. Keep your focus on the mission, live by our Core Values, and remember how blessed we are to live in and serve our great nation.

WINGSPREAD

12th Flying Training Wing

Editorial Staff

Col. Richard Clark
Commander

Maj. Paul Villagran

Chief of Public Affairs

Staff Sgt. Lindsey Maurice
Editor

Staff Sgt. Beth Del Vecchio
Staff Writer

Prime Time Military Newspaper

Contract Staff

Jennifer Valentin

Bob Hieronymus

Staff Writers

Maggie Armstrong

Graphic Designer

Wingspread office:

1 Washington Circle, Suite 4
Randolph AFB, Texas 78150
Phone: (210) 652-5760
Fax: (210) 652-5412

Wingspread Advertisements:

Prime Time Military Newspapers
7137 Military Drive West
San Antonio, Texas 78227
Phone: (210) 675-4500
Fax: (210) 675-4577

Wingspread online:

www.randolph.af.mil/12ftw/wing/pa/wingspread.htm

This paper is published by Prime Time Military Newspapers, a private firm in no way connected with the U.S. Air Force, under exclusive written contract with Randolph AFB, Texas. This commercial enterprise Air Force newspaper is an authorized publication for members of the U.S. military services. Contents of the Wingspread are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or the Department of the Air Force.

The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the Department of Defense, the Department of the Air Force, or Prime Time Military Newspapers of the products or services advertised.

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to the race, color, religion, sex, national origin, age, marital status, physical or mental handicap, political affiliation, or any other non-merit factor of the purchaser, user, or patron.

Editorial content is edited, prepared and provided by the Public Affairs Division of the 12th Flying Training Wing in accordance with local policy and style guidance. All photos, unless otherwise indicated, are U.S. Air Force photos.

Articles for the newspaper should be submitted by noon Thursday the week prior to the desired publication date. Items can be dropped off on a PC- or Macintosh-formatted disk at the Wingspread office in room 110 of Building 100.

Articles may also be sent by e-mail to wingspread@randolph.af.mil or by fax at 652-5412. For more information about submissions, call 652-5760.



Staff Sgt.
Kirsten Coombs



Unit: 12th Logistics Readiness Division
Duty Title: Hazardous Materials Warehouse Specialist
Hometown: Crestview, Fla
Hobbies: Mountain biking, traveling, playing soccer and spending time with family.
Goals: To use all the knowledge and experience I've learned in life with the purpose of succeeding at any challenging task.
Greatest Accomplishment: Supplying my deployed unit with protective gear and other necessities for their convoy security missions for Operation Iraqi Freedom.
Personal Inspiration: Having the most balanced heroes in my life: my mother and her pride and sense of humor and the organization and stability of my father.
Personal Motto: I do not suffer from insanity; I enjoy every minute of it.
Pet Peeve: People cruising in the left lane of the highway at 5 miles under the speed limit.
Leader's Comments: "Staff Sgt. Coombs is a talented technician and professional NCO. She is the first to volunteer to help when personal or professional needs arise. She is a recent graduate of Airman Leadership School and deployment returnee. She is also a volunteer Honor Guard. Staff Sgt. Coombs is often called upon by superiors and peers alike for her technical expertise and advice."
Bill Wiley - Director of 12th LRD

To submit a junior officer, enlisted member or civilian employee for the Showplace Showcase column, commanders should send an e-mail to Staff Sgt. Beth Del Vecchio at beth.delvecchio@randolph.af.mil. or call her at 652-5760 for details.



McKinley selected as 15th CMSAF

WASHINGTON (AFPN) – Air Force Chief of Staff Gen. T. Michael Moseley has named Chief Master Sgt. Rodney J. McKinley to serve as the 15th chief master sergeant of the Air Force.

Chief McKinley will assume his new position July 1, following the June 30 retirement of Chief Master Sgt. of the Air Force Gerald R. Murray. Chief Murray's retirement culminates 29 years of service to the Air Force.

"I'm excited to have Chief McKinley take the helm of our enlisted force," General Moseley said. "Chief McKinley is a tremendous leader with an impressive array of expeditionary and combat experiences to help him steer our Airmen and serve as my partner. We were blessed to have a number of exceptionally well-qualified candidates for the position. While the decision was not an easy one, I feel we have the right person to lead our enlisted force during this time of a long war on terrorism, recapitalization and transformation. I look forward to working with him."

Chief McKinley is currently the command chief master sergeant for Pacific Air Forces. He originally joined the Air Force in 1974, took a break in service in 1977, attended college and re-entered the Air Force in 1982.

Chief McKinley's career includes assignments in the medical, aircraft maintenance and first sergeant fields. He has also served as the command chief master sergeant of the 86th Airlift Wing at Ramstein Air Base, Germany; 1st Fighter Wing at Langley Air Force Base, Va.; 379th Air Expeditionary Wing in Southwest Asia; and 11th Air Force at Elmendorf AFB, Alaska.

The office of the chief master sergeant of the Air Force represents the highest enlisted level of leadership, provides direction for the enlisted corps and represents their interests to the American public and all levels of government. The chief master sergeant of the Air Force serves as a personal adviser to the Air Force chief of staff and secretary of the Air Force on all issues regarding the welfare, readiness, morale, proper utilization and progress of the enlisted force and their families.

Spotlight on Justice

The 12th Flying Training Wing Office of the Staff Judge Advocate announced Monday the following court-martial and Article 15 actions for the first quarter of 2006:

Courts-Martial

- ❑ A senior NCO assigned to Air Education and Training Command violated Uniform Code of Military Justice Article 92, failure to obey a lawful regulation by possessing and sharing Weighted Airman Promotion System materials. The member was confined for four months, reduced to airman basic, fined \$5,000 and received forfeitures of all pay and allowances.
- ❑ An Airman assigned to 12th Security Forces Squadron was charged with violating UCMJ Article 134, indecent acts with another Airman. The member was acquitted.

Articles 15

- ❑ A company grade officer assigned to Air Force Element Joint Flying Training Wing, Naval Air Station Corpus Christi, violated UCMJ Articles 95 and 111, fleeing apprehension and drunken driving. The member received forfeiture of \$250 pay per month for two months and a reprimand.
- ❑ A CGO assigned to AFELM JFTW, NAS Corpus Christi, violated UCMJ Articles 128 and 133, aggravated assault of two individuals and drunk and disorderly conduct. The member was given forfeiture of \$1,000 pay per month for two months and a reprimand.
- ❑ An NCO assigned to 12th Mission Support Group violated UCMJ Articles 93 and 111, maltreatment of a subordinate and failing to pay debts. The member was given a reduction in rank to senior airman and a reprimand.

- ❑ An Airman assigned to Air Force Occupational Measurement Squadron violated UCMJ Article 107, false official statement. The member received forfeiture of \$375 pay.
- ❑ An Airman assigned to 12th MSG violated UCMJ Article 92, misuse of the government travel card. The member was given a suspended reduction in rank to airman first class, 14 days extra duty and a reprimand.
- ❑ A senior NCO assigned to the Air Force Personnel Center violated UCMJ Article 121, wrongful appropriation. The member was given suspended reduction in rank to master sergeant, suspended forfeiture of \$1,920 pay per month for two months, 15 days extra duty and a reprimand.
- ❑ An Airman assigned to 12th MSG violated UCMJ Article 86, failure to go. The member received forfeiture of \$100 pay per month for two months and a reprimand.

Excellence abounds

Team Randolph quarterly award winners announced

CGO of the Quarter

Capt. Lance Waddy of the Air Education and Training Command is the Team Randolph Company Grade Officer of the Quarter. As executive officer for the inspector general, he lead full spectrum threat response initiatives by ensuring 100 percent quarterly training. He created a secondary training database that is used by 12th Mission Support Group and 12th Operations Support Squadron to track training currency and status of more than 670 personnel.

Captain Waddy greatly improved the tracking process and accuracy of critical enlisted and officer performance reports and helped maintain the inspector general's budget for travel and supplies. He is a member of the Randolph Toastmasters Club and is self-taught in Russian and Spanish.



Capt. Lance Waddy

Senior NCO of the Quarter

Senior Master Sgt. Thomas Lovett, 19th Air Force Directorate of Operations Combat Rescue, is the Team Randolph NCO of the Quarter. As a loadmaster flight examiner, Sergeant Lovett corrected errors he detected in C-130 fuel consumption charts that impacted flight operations across five major commands. He also quickly identified main brake failure upon landing, which prevented brake fire, aircraft damage and injury to the aircrew. While conducting an in-flight guide rewrite, Sergeant Simmons made numerous corrections insuring more than 60 loadmasters have accurate loading information.

Sergeant Simmons recently earned his third Community College of the Air Force degree.



Senior Master Sgt.
Thomas Lovett

NCO of the Quarter

Master Sergeant Deitra Mathis of the Air Force Personnel Center was named NCO of the Quarter. As superintendent for customer support, Sergeant Mathis finalized more than 1,500 special leave accrual requests and restored more than 23,500 days of leave for deployed Airmen. She also led the revisions of the Air Force Instruction manuals for the family care and leave programs to simplify the coordination of both programs. She is currently working toward a bachelor's degree in human resource management. Sergeant Mathis teamed up with 30 members of the Air Force Sergeant's Association and other base members to build seven homes for Habitat for Humanity of San Antonio, Inc.



Master Sergeant
Deitra Mathis

Airman of the Quarter

Airman 1st Class Vikas Kumar, 12th Aeromedical-Dental Squadron aerospace physiology apprentice, is the Team Randolph Airman of the Quarter. Airman Kumar is one of four general aviation training instructors to deliver disorientation and in-flight countermeasure training to 18 pilots. He also ensured the training of more than 1,400 students by managing 27 instructors for 22 courses in a span of 12,000 hours. Airman Kumar participated in 15 base tours in 2005, teaching more than 300 visitors, cadets and children about Aerospace Physiology.

Airman Kumar also helped the base community during tax season by volunteering as a unit tax representative. He is a member of the Randolph Honor Guard and has conducted more than 14 details.



Airman 1st Class
Vikas Kumar

Honor Guard NCO of the Quarter

Tech. Sgt. Teyhones Lundy of the Air Force Personnel Center is the Team Randolph Honor Guard NCO of the Quarter. He skillfully performed more than 20 funeral ceremonies in 2005. He also supervised and ensured the efficiency of training for new prospective Honor Guard trainees. Sergeant. Lundy performed numerous facility, vehicle, weapons, and appearance inspections to ensure proper Air Force compliance. He was handpicked by the flight sergeant to be the NCO in charge of pall bearers for two active duty funerals. Active in the community, Sergeant Lundy volunteers his off-duty time to base and local youth sports programs and has given time to a local children's home providing support to abandoned children.



Tech. Sergeant
Teyhones Lundy

Honor Guard Airman of the Quarter

Senior Airman Mary-Ellen Warriner of the 12th Comptroller Squadron is the Team Randolph Honor Guard Airman of the Quarter. She performed military honors in 29 funeral ceremonies and executed a flawless firing party for two active duty funerals exemplifying proficiency in all aspects of Honor Guard. Airman Warriner served as the B Flight Safety Monitor ensuring awareness of all safety issues of flight. She is currently pursuing a Bachelor of Science degree in registered nursing and a Community College of the Air Force degree in accounting and finance. Airman Warriner founded the 12th CPTS Airman's Council to give airman basics through senior airmen an opportunity to voice their concerns. She also volunteers at a local children's shelter.



Senior Airman
Mary-Ellen Warriner

Junior Civilian of the Quarter

Mignon Tolbert, an Air Force Personnel Center automation clerk, is the Team Randolph Junior Civilian of the Quarter. Ms. Tolbert directly supported four career program chiefs impacting more than 2,500 civilians world-wide. She also prepared more than 380 career briefs that enabled development teams to guide their members better. She redesigned the safety career progression pyramid for force development and prepared professional certification spreadsheets for safety development.

Ms. Tolbert is currently working toward Bachelor of Science degree in accounting at the University of Texas-San Antonio and maintains a 4.0 grade point average. She also volunteers as a den leader for the Boy Scouts of America.



Mignon Tolbert

Intermediate Civilian of the Quarter

Debora Williams, 12th Contracting Squadron contracting specialist, is the Team Randolph Intermediate Civilian of the Quarter. As a government purchase card inspector, Ms. Williams audited 21 managing accounts, 50 cardholders and 1,700 transactions worth \$1.2 million. She also identified fraudulent cardholder activity averting \$50,000 in unauthorized purchases. As a GPC trainer, Ms. Williams also trained 50 approving officials, cardholders and trainees in the first quarter with a comprehensive newcomer training GPC section she developed. In her spare time, Ms. Williams led a fundraiser that raised \$2,000 for youth area events and organized a program to assist special-needs teens with job searches.



Debora Williams

Senior Civilian of the Quarter

Bryan Harder, 12th Communications Squadron electronics technician, is the Senior Civilian of the Quarter for 2006. Mr. Harder managed the implementation of an automated meteorological system project that saved 48 man hours and executed a state-of-the-art weather forecasting system. He also diagnosed and repaired a faulty component crucial to sustaining accurate levels in radiation patterns and increasing system reliability. Mr. Harder led the effort to acquire additional meteorological equipment for west runway operations that saved \$30,000 in equipment costs.

Mr. Harder is director of the Air Force Sergeants Association Chapter 1075 Adopt-A-Highway project and helped build a church for a Mexican village.



Bryan Harder

Base celebrates National Military Spouse Appreciation Day

By Jennifer Valentin
Wingspread staff writer

Randolph celebrates National Military Spouse Appreciation Day with several events. Military spouses can first attend a celebration at the base commissary May 12 between 9 a.m. and noon and then head over to the family support center from 11 a.m. to 1 p.m. During the commissary event attendees can observe live demonstrations of the Health and Wellness Center’s massage chair, enjoy free food and enter a drawing to win a \$50 shopping spree. Spouses can then attend a luncheon in the FSC ballroom where they have the opportunity to win even more prizes. “This event is a great opportunity for the FSC to say thank you to our military spouses who support the

“Military spouses make countless personal sacrifices to support the Armed Forces and we appreciate their unconditional dedication.”

Chris Morrow
Randolph Family Support Center community readiness consultant

military mission,” said Chris Morrow, community readiness consultant. “Military spouses make countless personal sacrifices to support the Armed Forces and we appreciate their unconditional dedication.”

Both events are free and registration is not required. Team Randolph families are welcome to attend. The base theater is also offering a special showing of the movie “Failure to Launch” May 13 at 2 p.m. All active duty spouses receive free admission, a drink and popcorn. Spouses can pick up a movie voucher that day between 1:30-1:50 p.m. at the theater. President Ronald Reagan first declared the Friday before Mother’s Day to be Military Spouse Appreciation Day in 1984. The day is part of National Military Appreciation Month, which also observes Memorial Day, Victory Day and Armed Forces Week. For more information on any of the events, call 652-5321.

NEWS BRIEFS

Blood Drive today

The Armed Services Blood Program holds a blood drive today from 10 a.m. to 2 p.m. in the first floor conference room of the Air Force Personnel Center, Building 499. Although all blood types are welcomed, officials said there is a special need for O-negative and all AB blood types.

Static display for command day

The 562nd and 563rd Flying Training Squadrons host their semi-annual command day today. Activities include a static display of various aircraft to which graduates of the Combat Systems Officer course will be assigned. The aircraft, located on the south ramp, are open to the base community from 2:30-4:30 p.m.

AETC announces colonel assignments

Air Education and Training Command announced the reassignment of several colonels April 27. Col. Joseph Schwarz, 12th Mission Support Group commander, leaves Randolph to become commander of the 61st Air Base Wing at Los Angeles Air Force Base, Calif., in July. Col. James Sohan, currently attending Air War College at Maxwell AFB, Ala., will replace Colonel Schwarz. A change of command ceremony will take place in July, but the date has not been finalized. Four Air Force Recruiting Service officers are on the move this summer. Col. Mariano Campos Jr. leaves his post as chief of the AFRS Plans and Resources Division at Randolph to become commander of the 372nd Recruiting Group at Hill AFB, Utah. He will be replaced by Col. Timothy Arrington, current commander of the 372nd RG. Col. Daniel Woolever, chief of the AFRS Operations Division here will become the commander of the 369th RG at Lackland AFB. Current 369th RG commander, Col. Mark Wasserman, will replace Colonel Woolever.

Technology in Education Conference

The Air Education and Training Command and San Antonio chapter of the American Society for Training Development host a two-day Technology in Education and Training symposium in San Antonio May 10-11 at the Norris Conference Center Crossroads Mall. Bus transportation is provided from Randolph to the conference center. The bus departs the Randolph BXtra parking lot at 7:15 a.m. both mornings and returns at 4:45 p.m. For more information or to register, visit www.fbcinc.com/tetc.

Credit by exam registration

The Randolph Field Independent School District offers credit by examination for students who have had no prior instruction in the course for which they wish to be tested. The RFISD will advance students a grade level based on a their score, the recommendation of a district representative and the written approval of the student’s parent or guardian. Parents interested in having their child tested should contact the counselor at their child’s school for registration information no later than May 12. Testing for those who register and meet the above criteria runs June 6-8.

Base clinic closure

The 12th Medical Group will be closed May 17 from noon to 4:30 p.m. for training.

Chiefs’ Group new officers

The Randolph Chiefs’ Group announces its newly appointed officers for 2006-2007.

- President: Chief Master Sgt. John Osborne
- Vice President: Chief Master Sgt. Joe Banks
- Treasurer: Chief Master Sgt. Cathy Brean
- Secretary: Chief Master Sgt. Karen Minor

Randolph teens advance in UIL competition

Randolph High School’s University Interscholastic League Academic Team earned the right to send four members to the state UIL championship Saturday in Austin. The Randolph “Current Issues and Events” team, consisting of Adam Cribb, Andrew Touhill, Chad Thomas and Cameron Young, qualified for the state meet after taking first place in the regional round held at Texas State University April 22. Adam will also advance to state in science after winning the “high chemistry” score at regionals. The science team placed third overall at Texas State and consisted of Adam, Chad, Andrew and James Conn. The Social Studies team of Adam, Chad, Cameron and Brendan Nadeau, captured second place at regionals.

Earth Day poster contest winners

The environmental flight recently sponsored an earth day poster contest at the youth center. The first place winners were Daniel Sanchez, Mayan Holmes and Kaitlyn Dawson. The second place winners were Nicole Mallaney and Janae Devallon. The third place winners were Elijan Fischer and Terry Vallery.

Teen wins honor

Jeremy Wortham, Randolph youth center member, was recently named Mr. Teen San Antonio and awarded a \$500 scholarship April 28 at the enlisted club. Jeremy is the son of Archie and Suzan Wortham. He is a sophomore at Judson High School and was recently selected to be in the National Honor Society. The Mr. Teen San Antonio Scholarship program is a part of "The Young Men of Distinction" program, a new Fiesta event. Jeremy will represent the organization throughout the rest of the year.

Randolph MTA looking for motivated NCOs

By Staff Sgt. Beth Del Vecchio
Wingspread Staff Writer

After more than a year of inactivity, the Randolph Middle Tier Association is up and running again and looking for some motivated NCOs to join.

The organization, open to staff sergeant-selects, staff sergeants and technical sergeants, gives junior NCOs a way to share ideas and network with one another as well as support the base and surrounding communities.

"The Randolph MTA is a great way to meet people and get involved with the base," said Staff Sgt. Lindsey Maurice, MTA president. "You can learn so much by just getting out there and talking with your peers."

The organization, which started back up in late January, has had five meetings, including committee elections. The committee consists of six positions.

"I ran for office because I wanted to be part of an organization that can make a difference on base and in the community," said Staff Sgt. Trish Plummer, MTA vice president. "I'd like to see a lot of junior NCOs get involved so we can make things happen. The MTA is a great place to start if you want to improve things or have your voice be heard."

Two of the MTA's main goals this year are to become active in the base community both physically and financially, said Sergeant Maurice.

To help financially, the organization is currently holding a base fundraising event through which it hopes to raise a few hundred dollars.

"We're off to a good start," said Sergeant Maurice. "We want to raise as much money as possible so we can put all of our plans that need financial backing into action, such as helping the Air Force Recruiting Service Top 3 with the NCO induction ceremony this year. With the motivation our current members have, I'm sure we'll reach our goal with no problems."

With no financial backing yet, the MTA has found

"We do so much for the base individually, think of what we can accomplish as a group."

Staff Sgt. Sue Edmonds
Randolph Middle Tier Association member

other ways to get involved in the community including hosting a booth at the base's Fam-A-Ganza celebration in April as part of the Month of the Military Child. The group held a coloring contest, in which more than a hundred children participated. Afterward, all of the drawings were sent to servicemembers serving in Iraq and wounded troops in Germany.

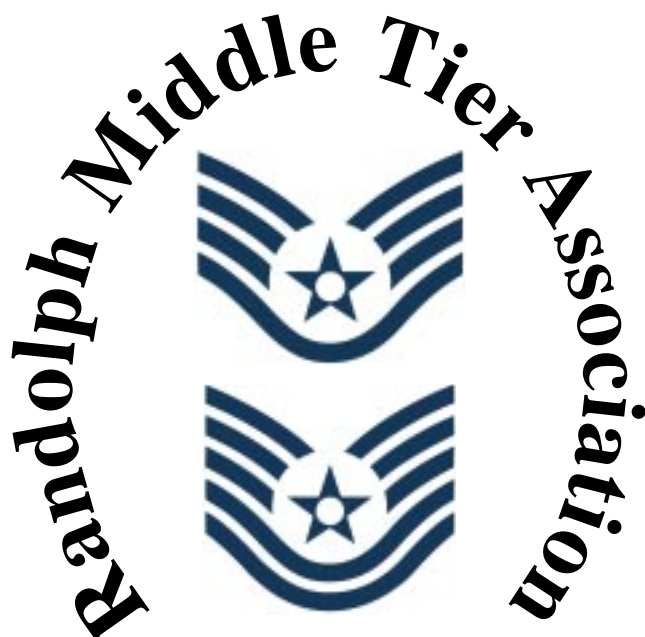
"It was very rewarding to watch the children as they displayed their pictures to us with such a sense of accomplishment," said Staff Sgt. Sue Edmonds, MTA member. "It was a great experience."

MTA members have also volunteered to help at the Canyon Lake Spring Fling on May 13 and with Operation FLAGS on June 9, where base families see what a military member goes through during a deployment.

"We're really excited about Operation FLAGS," said Sergeant Maurice. "We get to do camouflage face painting, conduct a deployment scavenger hunt and run the obstacle course. It's going to be a blast."

Aside from community involvement, the group is also focused on getting the most out of its meetings and sharing ideas with one another.

"The current membership really expressed an interest in getting some guest speakers out to the meetings and to develop good discussion topics from which we can share ideas with one another," said Sergeant Maurice. "But the more people come out to



Randolph AFB, TX

the meetings, the more ideas are shared and the more we learn. So I encourage everyone who is an E-5 or E-6 to get involved."

Sergeant Edmonds, who is the former MTA president, said the organization really helped her in networking on the base.

"I've met so many people through the MTA," she said. "If I ever need anything, I know who I can call."

The former president added that with a sizable enlisted force on Randolph, the MTA could have a serious impact on the base if all of the assigned staff and technical sergeants joined.

"We do so much for the base individually, think of what we could accomplish as a group," she said.

The MTA meets the third Thursday of the month at 3 p.m. at the enlisted club.

Ancient art



Hiroko Fay demonstrates Japanese calligraphy during the Asian-Pacific American Heritage Month food sampling event held Tuesday at the chapel center. A variety of ethnic foods were served. Participants had the opportunity to learn the art of Japanese letter writing, origami and paint brushing. (Photo by Steve White)



CELEBRATING
**ASIAN-PACIFIC
AMERICAN
HERITAGE
MONTH**

2006



Second Lt. Cormick Wong

12th Comptroller Squadron

Disbursing officer and deputy financial services officer

Lieutenant Wong discusses financial services weekly metrics with Master Sgt. Anita Miles, customer service section chief. Lieutenant Wong was born in Hong Kong and lived there until his family immigrated to the United States in 1990.

"The Asian-Pacific American Heritage Month observances are important to me because I am proud of my Chinese and Asian heritage, and I believe this is one of the best ways to show it." (Photo by Jennifer Valentin)

Ro-Hawk revelry

The Randolph High School Ro-Hawk Band marches in the Fiesta Battle of Flowers parade April 28 in downtown San Antonio. More than 150,000 people attended the annual parade. Fiesta San Antonio is a 10-day event that celebrates the heritage and culture of the city. (Photo by Steve White)



Spring Fling fun

Canyon Lake Randolph Recreational Park hosts family-friendly event

By Staff Sgt. Beth Del Vecchio
Wingspread staff writer

The Canyon Lake Randolph Recreational Park hosts its annual Spring Fling event May 13 from 10 a.m. to 4 p.m.

The free event is a way for families to see all of the activities available to them at Canyon Lake this summer. There will be a variety of activities at the event and free food and drinks.

"We invite everyone out to Canyon Lake to see all the great things we have to offer," said Sharon Rector, Community Support Flight program manager. "We try to show people the

different events we hold over the summer so they can come back and enjoy them later."

During the Spring Fling families can enter two fishing tournaments with prizes for the biggest and most fish caught. The first tournament runs from 10 a.m. to noon and the second from 1-3 p.m.

Participants can also enjoy paddleboat rides and a hayride tour of the park from 10 a.m. to 3 p.m.

In between the free rides and tours, children can participate in creating a mural by coloring an individual square and posting it up on a wall to form a picture. Craft activities also include

gyotaku, a form of Japanese fish printing art.

A new event this year is the nature trail scavenger hunt, where children have to find items such as a twig that resembles an insect, said Ms. Rector. Prizes will be awarded to everyone who finishes the hunt.

A petting zoo will be available from 11 a.m. to 3 p.m., which includes pony rides.

While the event is aimed at family fun, event coordinators want to also make sure safety remains at the forefront.

During the event, participants can visit various booths to learn about sun

exposure, camp fire safety, life vests and boater safety. Sunscreen will also be available.

Ms. Rector said the event coordinators are anticipating hundreds of families at this year's event and with a crowd of this magnitude it would be impossible for the Canyon Lake staff to host the event without the help of base volunteers.

"I had a great response for volunteers this year and I want to thank them all personally," she said. "This year I had to turn volunteers away. If that is any indication as to how this event will go, this year should be the best year yet."

For more details, call 652-8943.

Viva Fiesta!



Randolph Elementary School students (left to right) Alaina Lewis, Alyssa De Los Santos, Amaya Harper and Katherine Bemis show off their Fiesta shoebox floats during a parade April 27 at the school. The pre-kindergarten and kindergarten classes made floats out of shoeboxes and decorations as part of the Fiesta San Antonio Celebration. (Photo by Master Sgt. Lee Roberts)



2nd Lt. Georges DeWilde, 562nd Flying Training Squadron, practices the recommended survival leap onto the inflated evacuation slide from the T-43 mock-up at the Randolph Aerospace Physiology training center April 27. (Photos by Steve White)



1st Lt. Caleb Honsinger, 562nd FTS, inflates a life vest during a T-43 wet-ditch exercise.

Survival Instinct

Aerospace Physiology teaches future combat systems officers egress, water survival skills



2nd Lt. Michael Jeffers, 562nd FTS, safely evacuates down the slide of the T-43 mock-up in the Aerospace Physiology training facility. The lieutenant is wearing a smoke hood with which the T-43 is equipped.



Students from the Combat Systems Officer training program learn the importance of mutual support in order to survive at sea during a T-43 wet-ditch exercise conducted by Aerospace Physiology.



Senior Airman Regina Levine, 12th Medical Group Aerospace Physiology training center instructor, talks with a class of Combat Systems Officer students as they experience the reality of a 20-man life raft in a simulated T-43 wet-ditch exercise.



Instructor Karen Findorak teaches the boot camp class at the fitness center. (Photo by Steve White)

Boot camp class offers rigorous workout

By Jennifer Valentin
Wingspread staff writer

The fitness center puts its own spin on boot camp during a weekly class held in the aerobics room. The boot camp class, part of the center’s aerobic class lineup, is taught Tuesday and Thursday at 3 p.m. “The focus of the class is to help increase cardio and muscular fitness,” said Theanne Long, class instructor. “The class can also help increase a person’s metabolism.” During the class, students do various aerobic exercises for the cardio portion and use free weights and elastic resistance bands during the muscular portion. The goal is for students to strengthen their muscles and bones, while increasing their cardio endurance, said Refia Grant, fitness coordinator. “This is a great class because it can help keep muscles, bones and joints healthy, which can help prevent everyday injuries or pain,” Ms. Grant said. The exercises done in the boot camp also help with reducing or maintaining body weight or body fat, said Ms. Grant, which is a big concern for many people. The boot camp class can also help alleviate stress, Ms. Grant added. “Exercise, especially within a group setting such as a class, can have a positive effect on a person’s psychological well-being,” Ms. Grant said. “Since the class is open to dependents, families can also take the class together.”



Steve Lanzola, 12th Communications Squadron/Navigators, jumps to block a shot by Alan Onufrak, Air Education and Training Command Medical Services and Training, during an intramural volleyball match Tuesday at the fitness center. The 12 CS/Nav team swept AETC/SG 25-15 and 25-23. (Photo by Melissa Peterson)

Denied!

Fit to Fight



The "Fit to Fight" column recognizes Team Randolph members who achieve an "excellent" rating on the Air Force Fitness Test.

12th Mission Support Squadron

Amber Bowser
Kevin Davidson
Stephanie Flemming
Maria Johnson
Air Force Security Assistance Training Squadron
Doug Hamlin



Intramural Volleyball Standings

as of Wednesday

TEAM	RECORD
AETC/A2	7-0
12 CS/NAV	5-2
AFPC	4-2
12 OSS	4-3
12 MSS	3-4
AETC SAS	2-4
AETC/SG	1-5
12 MDG	0-6



Intramural Bowling Standings

as of Monday

Team	W	L
AFPC	148	92
AETC/CSS	142	98
AFSVA	138	102
SVS	136	104
AETC/LG	136	104
RATS	135	105
AMO	132	108
JPPSO	128	112
OSS	126	114
AFMA	125	115
AFPOA	124	116
CS	124	116
AETC/FM	122	118
DFAS	120	120
SFS	117	123
AFSAT	101	139
AFPC/DFSG	100	140
CPTS	88	152
MED GP	80	160
340 FTG	70	170

TEAM SCRATCH SERIES

Team	Score
AFPC	2916
SVS	2782
RATS	2597
TEAM HANDICAP SERIES	
OSS	3277
JPPSO	3241
AFMA	3130

SPORTS BRIEFS

Girls' Track team named regional champions

For the second time in Randolph High School history, the Ro-Hawk Girls' Track team added the title of Region IV-AA champions to their list of achievements. The team also swept the relay competition winning all three relay races and setting a new Region IV-AA record in the 4x400 meter relay with a time of 3:58.72. Lady Ro-Hawk contestants include: JaMonyca Wilson, Audrey Corte, Jenada Morrison, Jenovia Morrison, Leah Solomon, Catilin Carter, Jayla McArthur, Mariah Harris, Jasmine Kent and Tamoya Morrison. First and second place finishers will represent Region IV at the State High School Track and Field Championships to be held May 12-13 at the University of Texas at Austin.

Golf program offered

The Randolph Oaks Golf Course offers a PGA Golf Program to beginning adult golfers. Charles Bishop, PGA teaching professional, conducts the program. For more information, call Mr. Bishop at 652-4653 or 244-3415.

Military Spouse Appreciation Day

The fitness center hosts a Spouse Appreciation Day May 12 from 10 a.m. to noon. Different exercise activities and information from a personal trainer will be featured. Snacks will be served in the lobby.

Run 4 Your Life 5 kilometer event

The fitness center hosts a "Run 4 Your Life" 5 kilometer run and walk Thursday at 7 a.m. at Eberle Park. For more information, call the fitness center at 652-2955.

Relay for Life

The Greater Randolph Area Relay for Life, an American Cancer Society sponsored fundraising event, takes place May 12 starting at 7 p.m. through May 13 at 7 a.m. in Pickerell Park in Schertz. Teams of 10 walkers and runners are being

recruited, and cancer survivors are encouraged to come be a part of a team. Other volunteers are also needed. For more information, call Master Sgt. Stephen Ivey at 652-3396.

Golf tournament

The 14th Annual Military Golf Tournament takes place May 27-29. The tournament features three days of golf with participants rotating between the Randolph Oaks and Lackland Gateway Hills golf courses. Entry forms are available at the Randolph and Lackland courses. The deadline for entries is May 20. Entry fees are based on rank and include green fee, cart, refreshments and prizes. The event is sponsored by the Anheuser-Busch Company and Budweiser Company of San Antonio. For more information, call 652-4653.

Mini-biathlon

The fitness center hosts a mini-biathlon June 17 at 8 a.m. at Eberle Park. The biathlon consists of a 5 kilometer run and walk, and a 10-mile bike ride. The first 50 registered competitors receive a water bottle. Awards will be presented to top finishers. Pre-registration is recommended, and can be done by calling Refia Grant or Rikk Prado at 652-2955.

USAF Marathon

The annual U.S. Air Force Marathon takes place Sept. 16 at Wright-Paterson Air Force Base, Ohio. This year’s event includes a two-day sports and fitness exposition, gourmet pasta dinner, race day, awards ceremony and post race festival. World-renowned long distance runners Bill Rodgers and Alberto Salazar will conduct clinics and speak at the dinner. For details, e-mail Rachel Castle at Rachel.castle@wpafb.af.mil.

Runner’s clinic teaches basics, tips for improvement



Rodney Wideman runs along the jogging path outside the fitness center. (Photo by Steve White)

By Jennifer Valentin
Wingspread staff writer

Before new runners head to the jogging path to get in shape for the summer, they should make sure they are equipped with all the information they need to get the most out of their run and reduce the risk of injuries.

To help both the beginner and intermediate runner, the base physical therapy clinic offers a Runner’s Symposium the second Wednesday of every month from 3-4:30 p.m. at the health and wellness center, Hangar 71.

“The clinic is designed to help people progress in their running program with little to no injuries,” said Maj. Jesse Richardson, class instructor. “The clinic is unique because it addresses each student’s needs individually.”

During the class, the clinic analyzes the participants’ foot types and helps them pick out the proper running shoes.

“Having the proper running shoes makes a big difference,” Major Richardson said. “We can help individuals find the right shoe for them, something that’s comfortable and fits well, to help them run better.”

The major said the class is a good program for anyone who has tried running before, but has had problems.

The clinic emphasizes the best way to set up a running program, based on warming up, cooling down

and preventing overtraining, he said.

“Changing someone’s running isn’t what we’re trying to do with this clinic,” said the major. “We help each individual according to what problems or questions he or she may have about their own unique running techniques.”

People burn about 100 calories for every mile they run, the major said. The benefit of running and weight loss is that more calories can be burned in less amount of time.

“However, with increased activity such as running, a person may have an increased appetite,” Major Richardson said. “So it is important to remember to still eat sensibly when exercising.”

Many people experience pride after accomplishing a run, whether it’s a first-time runner or experienced runner, he added.

“The sense of success can be very relaxing and works as a stress reliever for many people,” he said.

Kim Houk, HAWC exercise physiologist, said the runner’s clinic class is very popular.

“Major Richardson is very knowledgeable, and the participants leave with so much more information to make them better runners,” Ms. Houk said. “I recommend the class to anyone interested in improving their running ability.”

For more information, or to sign up, call 652-2300 or 652-3137.

“RESCUE” IS A MATTER OF PERSPECTIVE...

If life has you thinking there’s no way out, it’s time to call in the professionals.

Your base chaplain, the Life Skills counselors and the people at 1-800-SUICIDE (784-2433) are ready to help.

ONE SUICIDE IS ONE TOO MANY

